

# NOX SMART SLEEP LIGHT

Quick Setup Guide

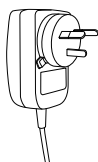


Powered by Sleepace

## 1 Box Contents



● Nox

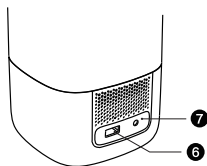
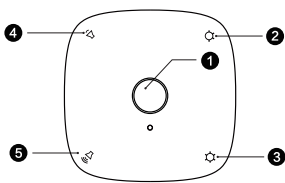


● Power adaptor



● Quick setup guide

## 2 Buttons and function



- 1 Center button    ● 2 Brightness-    ● 3 Brightness+    ● 4 Volume -
- 5 Volume+        ● 6 USB port        ● 7 DC port

SN	Feature	Action
1	Power On / Off	Touch the center button once
2	Turn On Sleep-aid Mode	Touch the center button for 3 seconds
3	Turn Off Sleep-aid Mode	Slightly touch the center button once
4	Adjust Brightness	Touch Brightness + or Brightness -
5	Adjust Volume	Touch Volume + or Volume -
6	Turn Off Alarm After Waking Up	Slightly touch the center button once
7	Snooze	Tap the top once
8	Charge mobile phone	Insert the micro USB connector in the micro USB port

### 3 Set Up

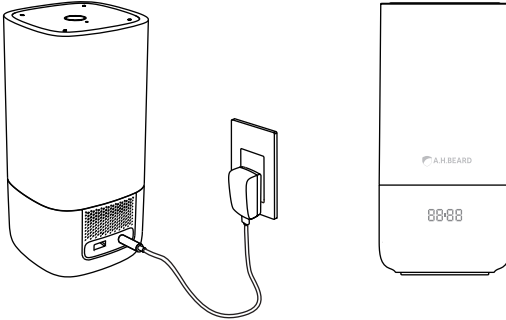
- **Step 1: Installation of APP & Registration**

Search A.H. Beard Sleep Tracker App in



You will need a smart phone with Bluetooth 4.0 that supports iOS7.0 or later or Android 4.3 or later.

- **Step 2: Installation of Nox**



- **Step 3: Connect Nox to the Internet**

Open AHB Sleep Tracker App, and create or login to your account. Navigate to the device list and follow the prompts for setup. The AHB Sleep Tracker app will guide you through the process.

Important: The A.H. Beard Sleep Tracker App will only work properly if Nox and your smart phone are both connected to your Wi-Fi

- **Step 4: Click 'start sleep' in A.H. Beard Sleep Tracker App or touch the center button for 3 seconds to access the Sleep-aid mode**

Please keep your mobile phone fully charged and face down close to your pillow

- **Step 5: Click 'get up' in app or press center button to turn off the alarm. To snooze, just slightly tap the top, Nox will resume the alarm again later.**

### 4 Safety Notice

- Do not attempt to disassemble, service or modify the product - there are no user-serviceable parts inside
- Do not throw this product in fire as it may cause an explosion
- Keep your NOX away from liquids and liquid containers such as vases, bottles, etc.
- This product is NOT a toy or a medical device

#### Warranty

For more information on the product, warranty or service questions, please go to [ahbeard.com](http://ahbeard.com)

## FCC statements:

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

**NOTE:** The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications or changes to this equipment. Such modifications or changes could void the user's authority to operate the equipment.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. This equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Notice: Observe the national local regulations in the location where the device is to be used. This device may be restricted for use in some or all member states of the European Union (EU)



## CE Notice:

The suitable temperature for the product and accessories is 0°C-40°C. Observe the national local regulations in the location where the device is to be used.

Frequency Band	Max output Power
WiFi (2412-2472MHz)	17dBm
BLE (2402-2480MHz)	4dBm

Hereby, Shenzhen Medica Technology Development Co., Ltd declares that the radio equipment type Nox Smart Sleep Light is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: <http://www.sleepace.com>

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